



Gregg Foley / Golf School

Starting Position

Rear shoulder is lower due to the fact that the bottom hand is lower on the club

Back foot square, front foot should be turned the desired amount to assist with finish position

Arms should be relaxed and extended

Feet should be hip to shoulder width apart. (Varies with clubs).

Ball position with irons 2-3' from front heel, off the inside front heel with the driver

Hips kicked back 3-5"

Triceps over knee caps

Arms hang down and out

Knee caps over the balls of the feet

Hips, knees, arms and shoulders parallel to the target line

